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02/04/20

A Thuismitheoirí;

Ag an am éiginnte seo, tá Gaelscoil Uí Néill ag déanamh ár seacht ndícheall le cúrsaí a bhainistiú chun ár bpáistí agus teaghlaigh a choinneáil sábhailte.

Má bhíonn tú buartha faoi do pháiste féin nó faoi pháiste eile is féidir leat dul i dteagmháil le Róisín, ár Múinteoir Ainmnithe do Chosaint Páistí, tríd and ríomhphost [rnidhonaill@c2kni.net](mailto:rnidhonaill@c2kni.net)

I gcásanna éigeandála, is féidir dul i dteagmháil leis na Seirbhísí Sóisialta:

Gateway (Armagh and Dungannon): 028 95985590

Thíos faoi a gheobhaidh tú liosta eagraíochtaí is féidir a bheadh mar chuidiú agat sna seachtainí agus míonna romhainn.

*The safety and wellbeing of our children is always of paramount importance for us in Gaelscoil Uí Néill, especially during this uncertain and stressful time. We would like to reassure you that we are doing our best to put the necessary arrangements in place to ensure the health and safety of all our children and their families.*

*If you are concerned about your own child or the wellbeing of another child please do not hesitate to get in touch with Róisín, our Designated Teacher for Child Protection, [rnidhonaill@c2kni.net](mailto:rnidhonaill@c2kni.net)*

*In cases of emergency you can contact Social Services:*

Gateway (Armagh and Dungannon): 028 95985590

*Please find below a list of organizations that may be of assistance to you in the weeks and months ahead.*

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Conor

Who can Help?	What Do They Do?	What Topics Can They Help With?	How Can They be Contacted?
<b>Anna Freud National Centre</b>	Supporting young people's mental health during periods of disruption	Anxiety Mental health	<a href="http://www.annafreud.org">www.annafreud.org</a>
<b>Lifeline</b>	Crisis response line for people in distress or despair	Depression Mental health Suicidal thoughts Textphone users (for deaf and hard of hearing):	0808 808 8000  18001 08088088000
<b>Childline</b>	Childline provides support and guidance on multiple topics including:	Bullying You and your body Home and Family Relationships Sex School	0800 1111  <a href="http://www.childline.org.uk">www.childline.org.uk</a> 1-2-1 counsellor chat
<b>The MIX</b>	Crisis messenger text service	Alcohol Homelessness Suicidal thoughts General advice Mental health Sex/ relationships	08088084994
<b>NSPCC</b>	Advice on safeguarding and child protection issues and somewhere to report concerns Web support for teenagers	Safeguarding Child abuse Child protection	08088005000  <a href="http://www.there4me.com">www.there4me.com</a>
<b>Aware</b>	Aware is a mental health charity working exclusively for those with depression and mental health concerns	Depression Bipolar disorder	02890 357 820
<b>Frank</b>	Confidential advice on drugs	Alcohol Drugs	03001236600
<b>SIMON Community</b>	Support for individuals and families who are at risk of becoming homeless	Homelessness Housing	08001712222
<b>Informing Choices NI</b>	Advice on sexual health	Sexual health Pregnancy Contraception STDs Access to family planning	03451228687  Monday - Friday 9-5
<b>Common Youth Clinics</b>	Clinics, advice & guidance on sexual health	Emergency contraception Pregnancy testing Counselling	02890 328 866
<b>Domestic and Sexual Violence</b>	Advice for anyone affected by domestic and sexual violence	Domestic violence Sexual violence	0808 8021414

<b>Helpline</b>			
<b>The Migrant Centre NI</b>	Financial Health and Well being		euss@migrantcentreni.org
<b>Cara-Friend/ LGBT Switchboard NI</b>	Support and counselling for the Gay, Lesbian and Transgender communities	LGBTQ+ advice Sex and relationship advice	08088000390
<b>Women's Aid</b>	Specialist services for women, children and young people who have experienced domestic and sexual violence.	Domestic Violence Sexual violence Relationships	08088021414
<b>Family Support NI</b>	Website to access support in your area – for a wide range of issues – giving local contact details		<a href="http://www.familysupportni.gov.uk">www.familysupportni.gov.uk</a>